### GENERAL

**GENERAL EDUCATION - 21 Credits**

21 credits at the 1000 level, chosen from 3 different general education categories

<table>
<thead>
<tr>
<th>Credit</th>
<th>Complete or Incomplete</th>
<th>Grade</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Humanities or Social Science:</td>
<td>9.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2) Humanities or Social Science (whichever is not taken in 1):</td>
<td>6.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3) Natural Science:</td>
<td>6.00</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total General Education Credits** | **21.00** |

### MAJOR – 60 Credits

**Core Courses – 24 credits**

- AP/MIST 1100 6.00 Multicultural and Indigenous Studies
- AP/HREQ 3100 6.00 Research Methods in Equity Studies
- AP/MIST 4705 6.00 Critical Race, Diaspora and Indigenous Theory
- AP/MIST 4600 6.00 Research Seminar

**12 credits of required courses in the student’s stream: Diaspora Stream**

- AP/MIST 3610 6.00
- AP/MIST 3624 6.00

**12 additional credits chosen from the extended list of courses in the Diaspora Stream.**

- 6.00
- 6.00

**12 additional credits chosen from courses in any of the three streams.**

- 6.00
- 6.00

**Total Major Credits** | **60.00** |

### Credits Outside the Major – at least 18 Credits

**Course Outside MIST:**

- 6.00

**Total Credits Outside Major** | **18.00** |

### Free Choice: 21 Credits (Could be extra MIST courses)

<table>
<thead>
<tr>
<th>Credit</th>
<th>Complete or Incomplete</th>
<th>Grade</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Course:</td>
<td>3.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any Course:</td>
<td>6.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any Course:</td>
<td>6.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any Course:</td>
<td>6.00</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Free Choice Credits** | **21.00** |

**Total Degree Credits** | **120.00** |
Requirement Checklist and Notes (To ensure graduation, each box must be checked 'completed')

- Residency Requirement: a minimum of 30 course credits and at least half (50 per cent) of the course credits required in each undergraduate degree program major/minor must be taken at York University

- Upper-level Requirement: at least 36 credits at the 3000-4000 level. 18 credits must be at the 4000 level

<table>
<thead>
<tr>
<th>Upper Level Checklist</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3000 LEVEL:</strong></td>
<td><strong>4000 LEVEL: must be at least 18 credits</strong></td>
</tr>
<tr>
<td>AP/HREQ 3100 6.00</td>
<td>AP/MIST 4705 6.00</td>
</tr>
<tr>
<td></td>
<td>Total = 36 credits (at least)</td>
</tr>
</tbody>
</table>

NOTE: For the **GENERAL EDUCATION** category, a minimum of 6.0 credits must be chosen from each of Humanities, Natural Science and Social Science. General Education courses are offered at the 1000 level. A maximum of 9 credits in Humanities and Social Science will count towards fulfillment of the General Education 21 credit requirements. For approved LA&PS General education courses go to [Approved LAPS General Education Courses](#)

**IMPORTANT INFORMATION AND RESOURCES**

For an online version of your degree requirements, use the [Degree Progress Report](#) found here: [www.registrar.yorku.ca/mydegreeprogress](http://www.registrar.yorku.ca/mydegreeprogress)

**PLEASE NOTE:** This manual Degree Checklist is **only a guide** designed to assist students with degree requirements and course selection. It is not intended as the official confirmation of a student’s eligibility to graduate as requirements may change from year to year. Satisfaction of all degree requirements will be officially determined by the Registrar’s Office upon application to graduate. Students are advised to make sure they are following the correct degree requirements by checking the Undergraduate Calendar of the year in which they entered their program.

**Academic Calendars:** calendars.registrar.yorku.ca

**Academic Advising:** LAPS Student Academic Advising Services, 103 Central Square 416-736-5222, laps@yorku.ca  
[LAPS Student Academic Advising Services](#)  
Department of Equity Studies, 302 Atkinson Building  
(416) 736-5235, lapsdeqs@yorku.ca

**Registration & Fees:** Student Client Services, Bennett Centre for Student Services  
(416) 872-YORK (9675)  
[www.yorku.ca/scsweb](http://www.yorku.ca/scsweb)

**Other resources:** yustart.info.yorku.ca/all-resources-a-z